Table of Contents

Chapter 1: Learn about Maps

Lesson 1: Symbols	2 - 6
Lesson 2: How to Draw a Map	7 - 8
Lesson 3: The Atlas	9 - 12
Chapter Review	13 - 14

Chapter 2: The Arab Countries

Lesson 1: The Arab Countries in Asia	17 - 18
Lesson 2: The Arab Countries in Africa	19 - 22
Lesson 3: Flags and Currencies	23 - 26
Chapter Review	27 - 28

Chapter 3: The Surface of Earth

Lesson 1. Land and water	31 - 34
Lesson 2: Landmarks	35 - 40
Chapter Review	41 - 42

Chapter 4: Changes through Time

Lesson 1: Early Life on Earth 45 - Lesson 2: Communication 51 - Chapter Review 57 -	
	- 50
Chapter Review 57 -	56
	- 58

Lesson 1: Customs 61 - 64
Lesson 2: Life in Different Places 65 - 70
Lesson 3: What Do People Wear? 71 - 74
Chapter Review 75 - 76

Chapter 6: Health and Safety

Lesson 1: Safety While Playing

Lesson 2: Ways to Preserve Food

Chapter Review

79 - 82

83 - 86

87 - 88

Chapter 7: Living Together

Lesson 1: Rights of the Child 91 - 92
Lesson 2: How Can We Help? 93 - 94
Chapter Review 95 - 96

Chapter 8: For a Better World

Lesson 1: Caring for Air 99 - 100
Lesson 2: Caring for Water 101 - 102
Lesson 3: Caring for Land 103 - 106
Chapter Review 107 - 108

Glossary

109 - 115

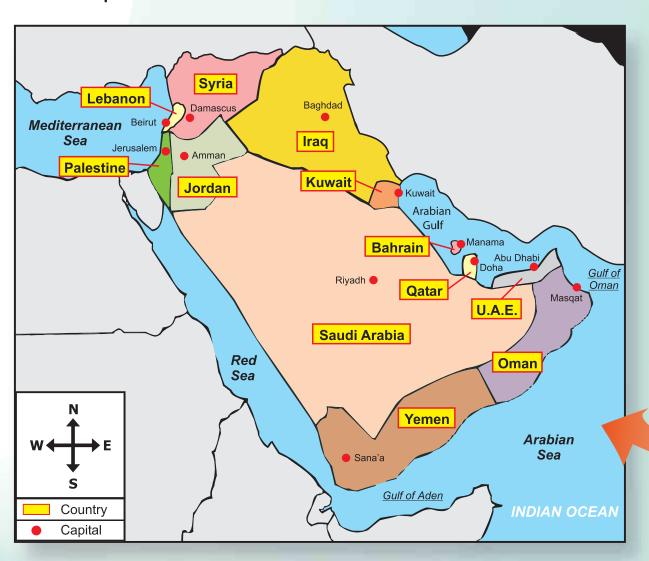
Chapter 2 The Arab Countries

- The Arab Countries in Asia
- The Arab Countries in Africa
- Flags and Currencies

The Arab Countries in Asia

There are 22 Arab countries. They are located on two continents: Africa and Asia.

This map shows the Arab countries in Asia.



Every country has many cities and has one capital city.

Chapter 2: The Arab Countries

I come from Jordan. The capital city is Amman.



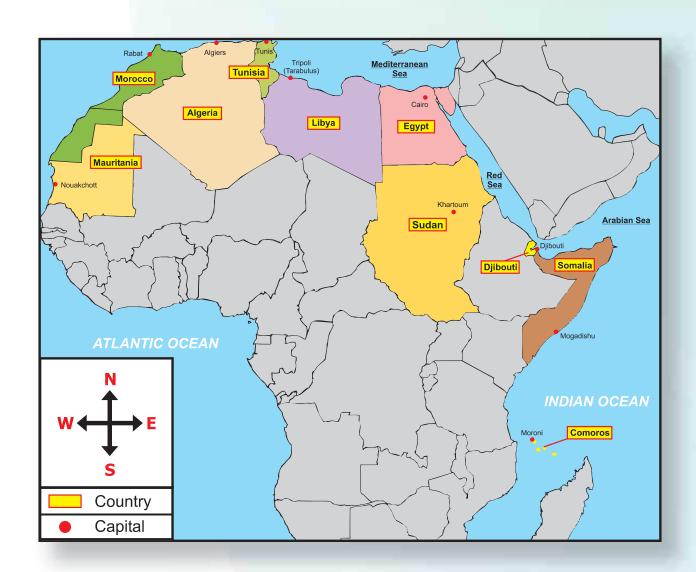
I come from Saudi Arabia. The capital city is Riyadh.



Read the name of each country and its capital city.

The Arab Countries in Africa

This map shows the Arab countries that are located on the continent of Africa.



Chapter 2: The Arab Countries

I come from Morocco. The capital city is Rabat.



I come from Egypt. The capital city is Cairo.



How many Arab countries are there in Africa?

People who come from the Arab countries are called Arabs.

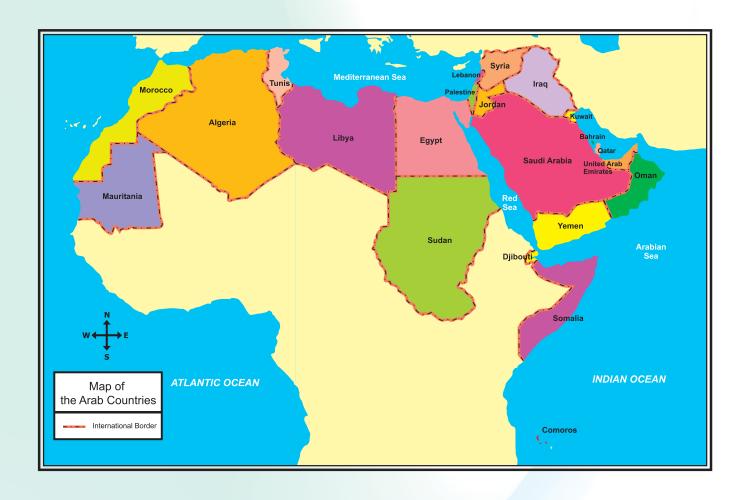
Arabs speak Arabic in different ways.
The different ways of speaking are called dialects.



We speak Arabic in different dialects, but we all understand each other.

Arabs use only one form of their language in writing, which is the standard Arabic.

Chapter 2: The Arab Countries



Flags and Currencies

(a) Flags

Every country has its own flag, which is a symbol of that country. They are designed using different shapes and colors.



Chapter 2: The Arab Countries



(b) Currencies

Every country has its own money and it is called currency. The currency used in Saudi Arabia is called the Riyal.



Chapter 2: The Arab Countries

In Jordan, the currency used is the Dinar. In the United Arab Emirates, the currency used is the Dirham. In Egypt, the currency used is the Pound.



You need your passport to travel to other countries. You also need to exchange your currency with the currency used in those countries.

- Customs
- Life in Different Places
- What Do People Wear?

Customs

A habit that a group of people does in the same way is called a custom.

Greeting customs

Around the world, people have different ways of greeting each other.

In many Arab countries, men greet each other by shaking hands. Women also do the same.

In Japan, people bow when they greet each other.



Eating customs

Mansaf is a famous meal in Jordan. It is made of meat, rice and a special kind of yoghurt. It is a custom to eat Mansaf with three fingers of the right hand. Everyone eats from one big plate.







In China, people eat their meals using two sticks, and they are called chopsticks.

Visiting customs

In many Arab countries, Turkish or Arabic coffee is served to guests when they arrive or just before it is time for them to leave.



A custom at home

Every family has its own customs. Some families like going out on a picnic on weekends.

Think of customs you share with your family.



Customs around the world

People from around the world share many customs. On religious occasions people buy new clothes. They visit each other and bring gifts for children.



What are some of the customs you practice on holidays?

Life in Different Places

A tradition is something that is done by a group of people in the same way year after year.

My name is Hasan.

I live in a small village called Asyut, which is located along the Nile River in Egypt. In Asyut most houses are made from mud.

My grandfather has a large farm. My father and my uncles helped him in taking care of the farm since they were young. Now they are all married and live on the farm with their families. Today, my brothers, my sisters and my cousins all help on the farm in the same way our fathers did.

Every Friday, the whole family gathers to have the delicious "Ful and Ta'miah", a breakfast that all people in Egypt eat. Nowadays, this traditional meal is eaten in many Arab countries and around the world.

In Asyut it is a tradition for men, women and children to wear long clothing.



My name is Jaser.

I live with my family in the desert of Jordan.

I belong to a well-known tribe. A tribe is a group of people who are all related to a grandfather who lived long ago and started the tribe.

We live in tents made from black goat hair. We raise camels and sheep. We travel through the desert looking for food and water. The boys in the tribe help their fathers milk sheep and take care of the camels. The girls help their mothers cook.

Serving Arabic coffee to guests is an important tradition on all occasions.

Men wear long white clothes with headdresses. Women wear long dresses and veils.



People who live in groups and move from one place to another looking for food and water are called nomads.

My name is Omar.

I live in Dubai. It is a beautiful city in the United Arab Emirates.

I am in second grade. The school bus picks me up early in the morning to take me to school.

On weekends, my mother takes me and my sister to the mall. At the mall, there is a nice place for children to play. We have fun with the children we meet there.

I am a member of the football team at school. I also take Tae Kwon Do classes in the afternoon. I love swimming, and I like to read stories before I go to bed.

My grandfather told me about his moving from the village to the city. He left the village a long time ago and found a job in the city and stayed there.

We go to my grandfather's farm during vacations and enjoy our time there.



What Do People Wear?

People who live in hot places wear lightweight clothing. They usually wear hats or head coverings to protect themselves from the hot sun. In deserts, the head coverings also protect them from sandstorms.



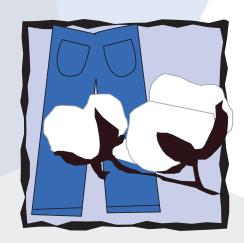


People who live in cold places stay warm by wearing thick, woolen clothes.

Clothes are made from different kinds of materials.

Some clothes are made from cotton.

Cotton comes from a plant.



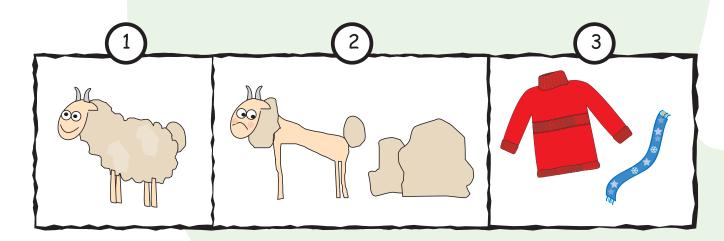
Some clothes are made from silk.

Silk comes from silkworms.



Fur comes from animals such as fox and mink.

Wool is also used to make warm clothes.



Wool is sheared or shaved from sheep.

Some clothes today are not made from plant fibers or animal hair. They are made from materials such as nylon and plastic that humans make at the factory. One type of plastic is used to make this coat.



Plastic comes from petroleum.

How do clothes get colored?

Cotton, silk and wool are made into threads. The thread is then dyed into different colors and woven into cloth using machines.

Why do people dress in different ways?

People around the world have different customs and traditions. The weather also is not the same around the world. People dress differently according to where they live.



A costume from Saudi Arabia.



A costume from Syria.



A costume from Palestine.



A costume from Scotland.

Many countries have national costumes that they wear on special occasions.

Chapter Review: The World around Us

Question 1: Circle the correct answer.

1. A	is something that a group of people
does every til	me in the same way.

- a. tradition
- b. custom
- c. symbol

2. Serving Arabic coffee to guests is a well-known

tradition in ______.

- a. Jordan
- b. Canada
- c. China

- 3. In hot places, people wear _____ clothing.
 - a. lightweight
- b. heavy
- c. dark

4.	Wool is used to make
	a. swimming suits
	b. warm clothes
	c. lightweight clothing
5.	People who live in a desert are called
	a. nomads
	b. villagers
	c. dancers